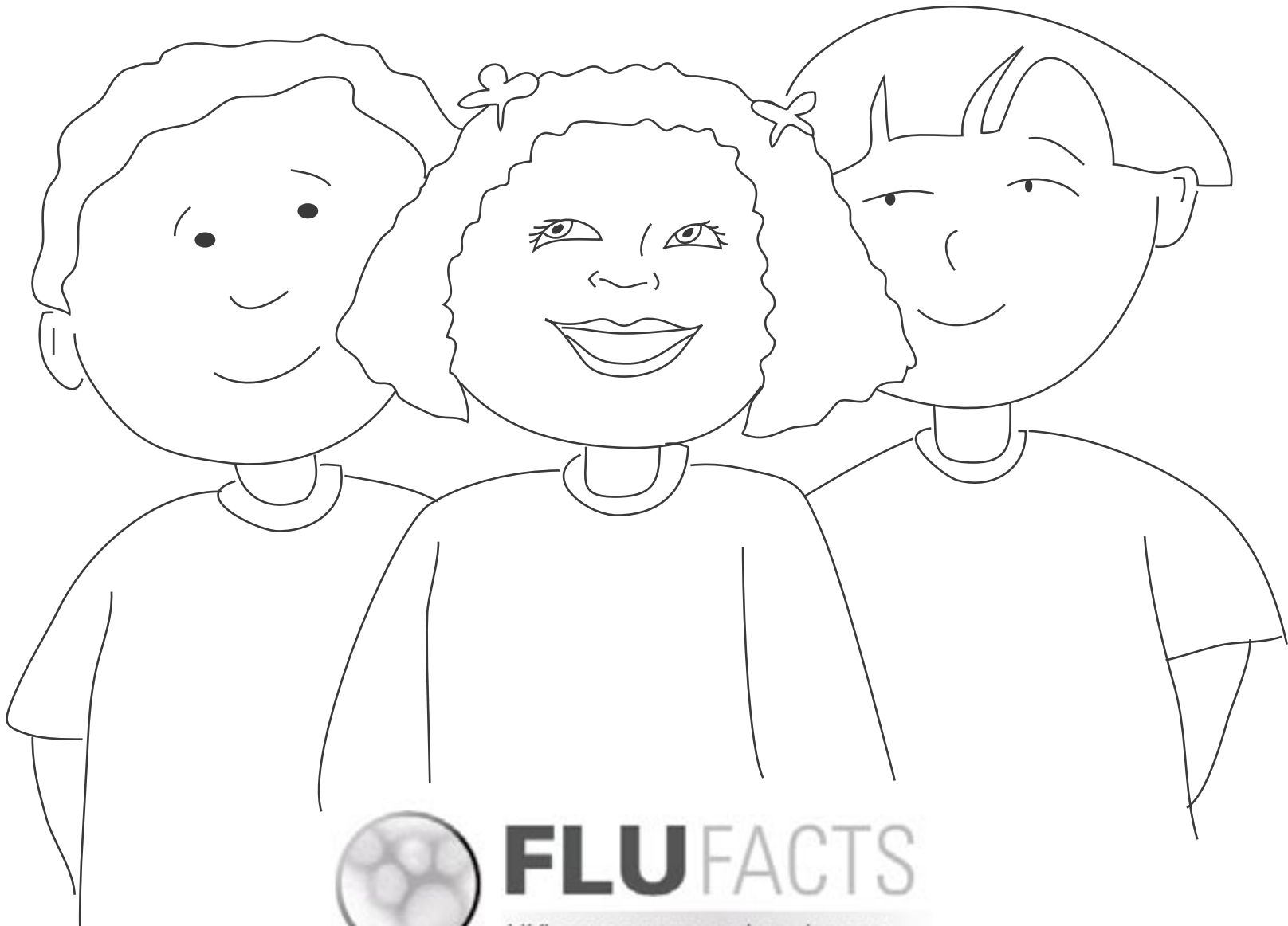


The Stay Healthy Coloring Book



FLUFACTS

What you need to know

Distributed by:
Sioux Falls Health Department
Environmental Division
www.siouxfalls.org/health



Teachers and Parents:

Seasonal flu occurs every year. Because the flu virus is always changing, you need a flu vaccine every year. Occasionally, a completely new flu virus develops, and this new virus can cause a pandemic—a worldwide outbreak of the flu. A lot more people will get this illness, and it has a severe effect.

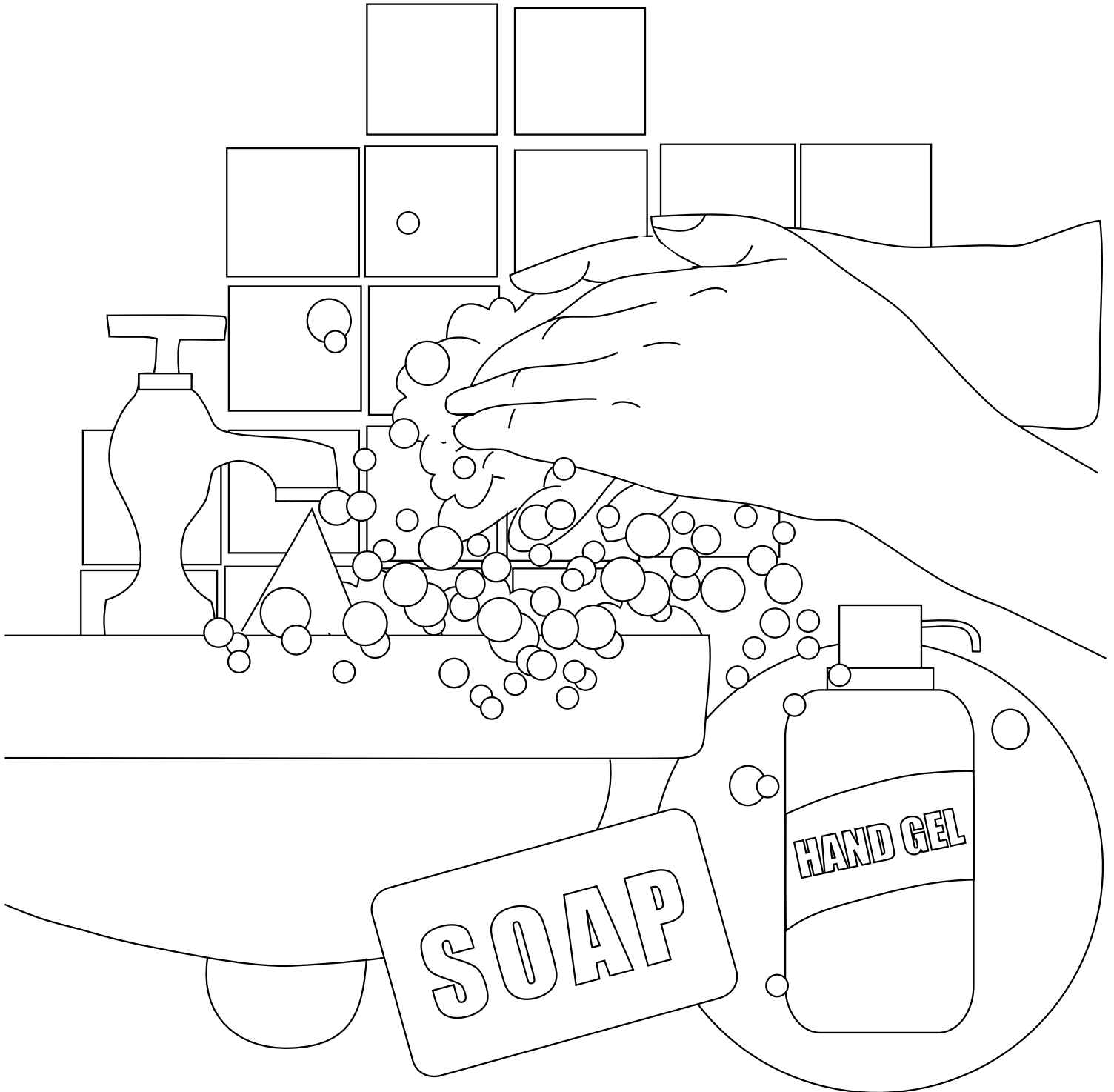
The City of Sioux Falls, S.D., is preparing for a worldwide flu outbreak. We can lessen the effects of a pandemic if we all prepare ahead of time. The best thing that you can do is to stay informed. Visit our website to get the facts at www.siouxfallsflu.org.

Children may hear about the pandemic flu in the news, in school, or other sources of information, and may have questions and concerns. The City of Sioux Falls Health Department is distributing this coloring book to help you teach school-age children about simple steps they can take to protect themselves and their family from getting the flu and other illnesses. For more information, visit our website, www.siouxfallsflu.org

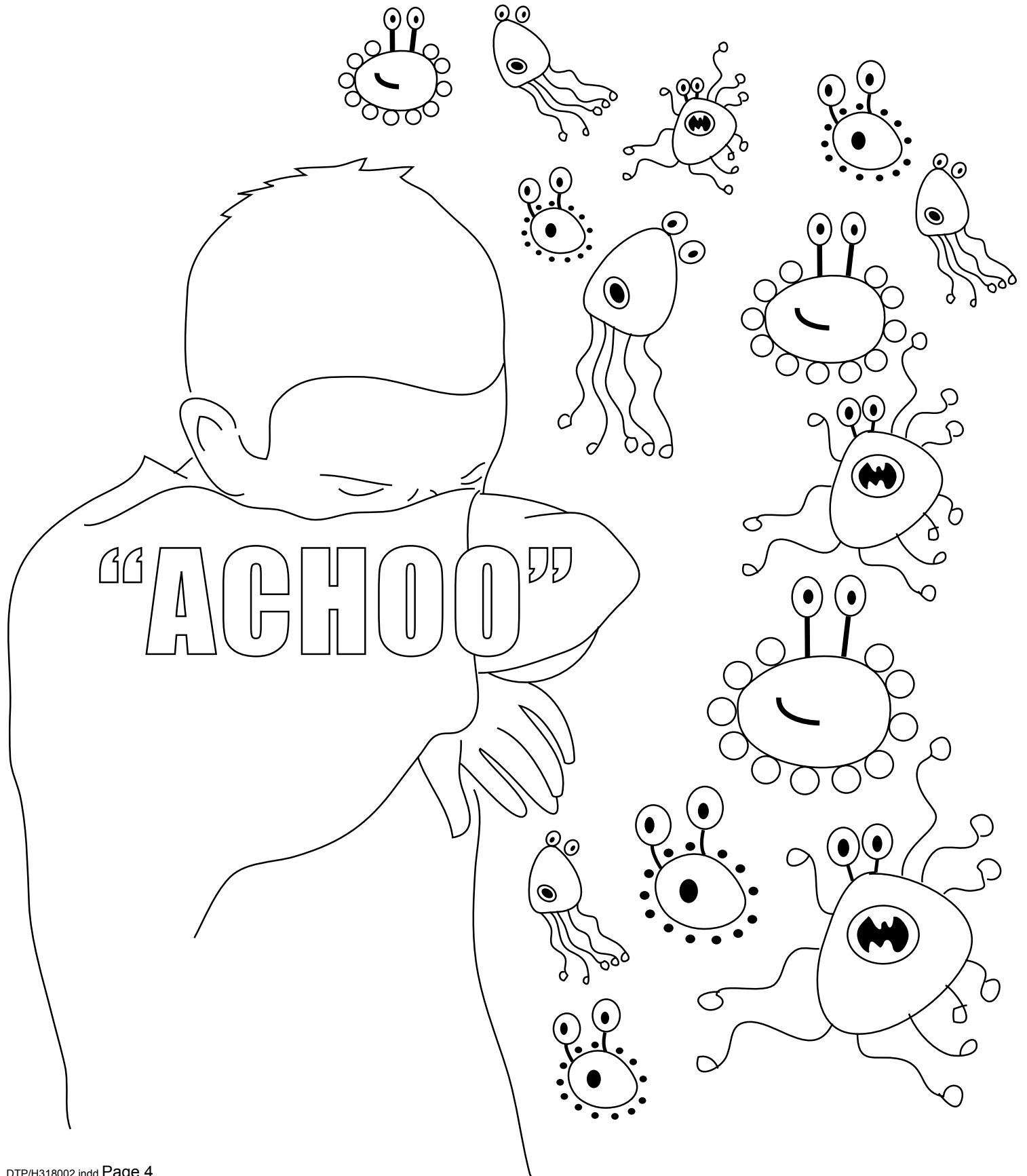
Be AWARE and PREPARE!

Thank You

Wash your hands often
with soap and water or use a hand gel

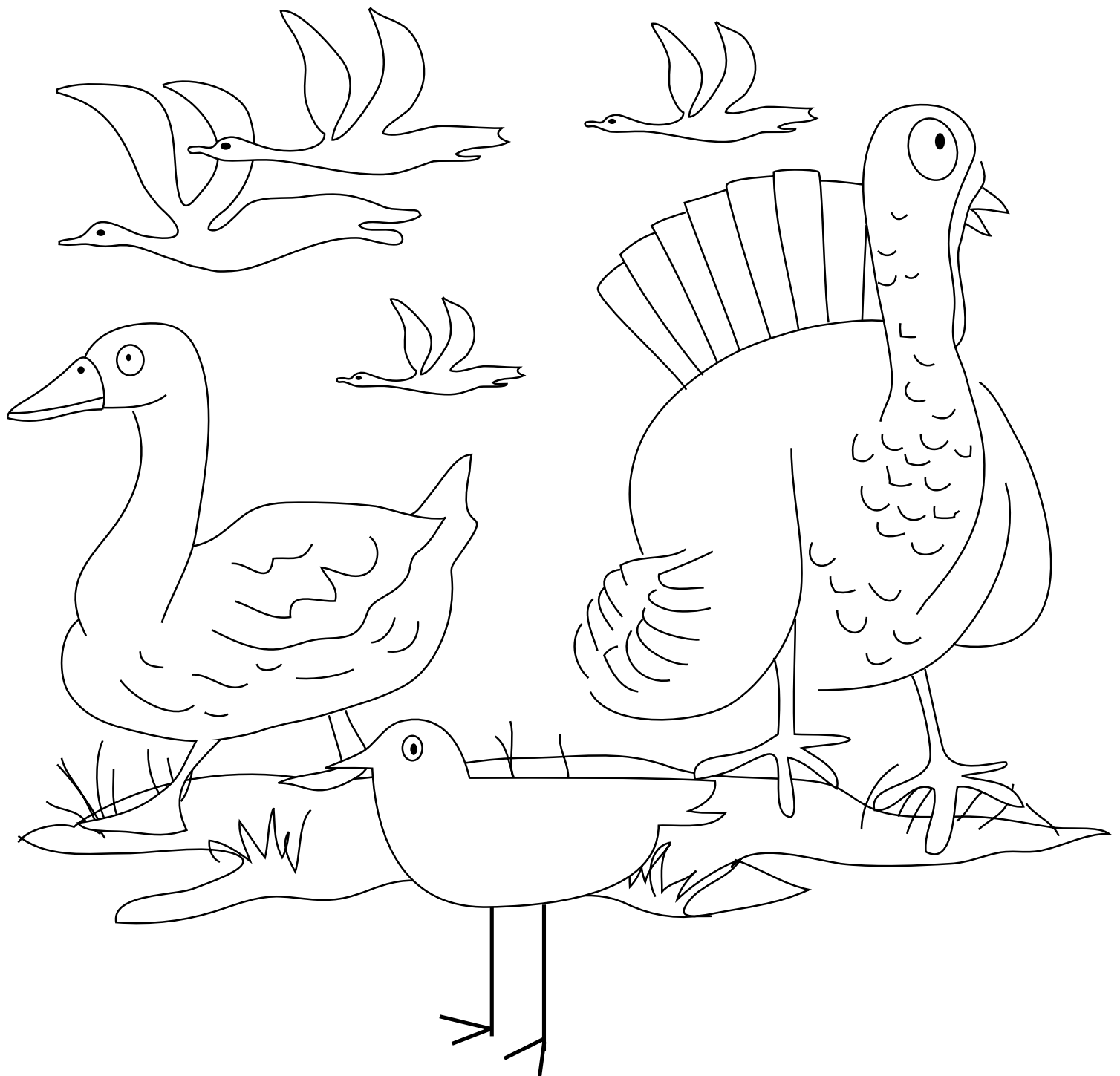


Germs spread easily.
Cover your mouth when you cough or sneeze.



Don't feed or touch
wild birds or animals.

If you see a bird or animal that looks sick,
find a grown up.

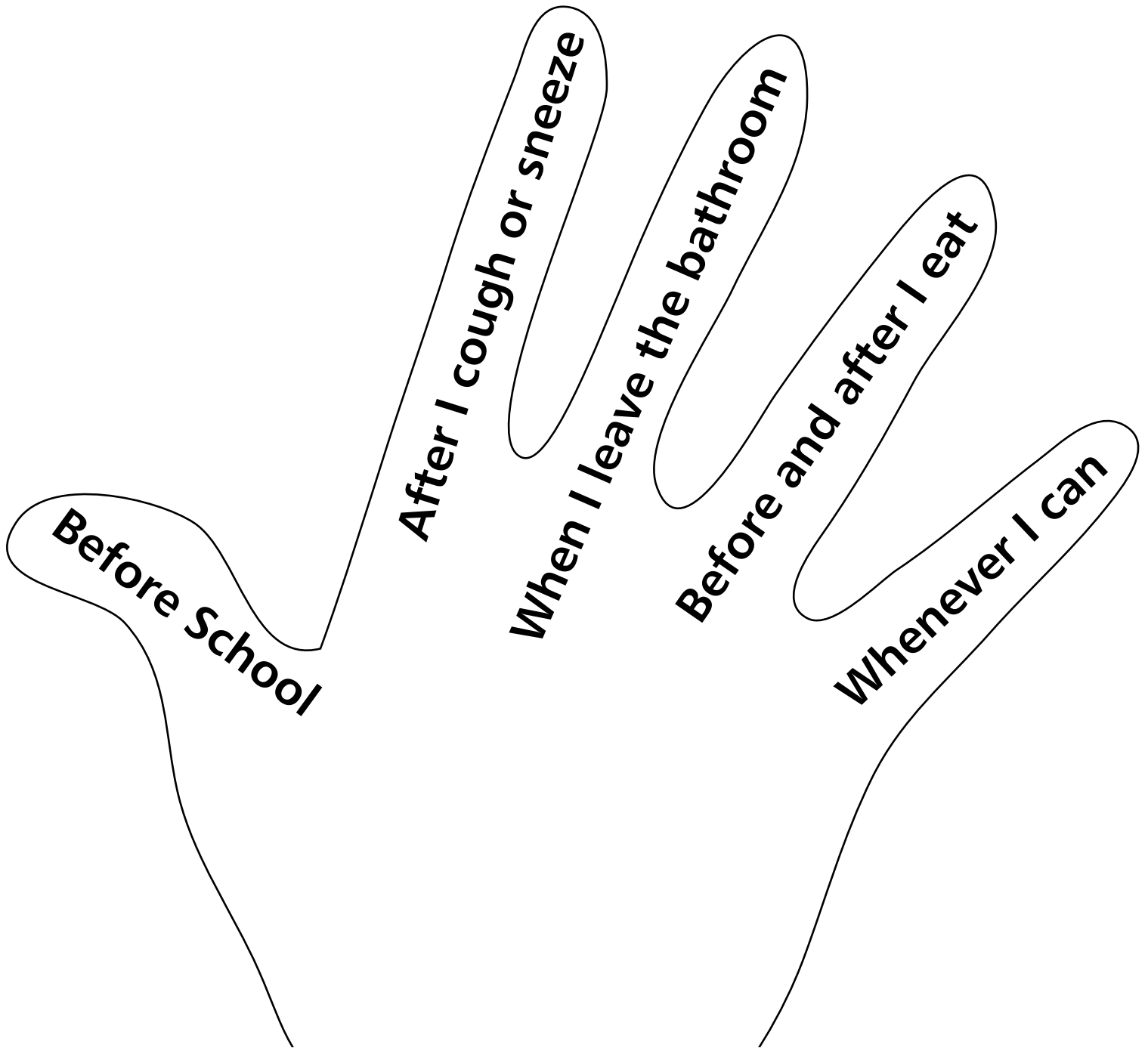


Talk to your family about what to do in an emergency.



Join the Club.

Pledge to Wash Your Hands.



I, _____, promise to wash my hands
with soap and water at school, home and play.

